KITA ACADEMY

Your Child's First Day Checklist

A warm welcome to the KITA family! Use this list to help your little one's first day go smoothly.

WHAT TO PACK (label everything)

- [ ] 2–3 sets of spare clothes (weather-appropriate)
- [ ] Indoor shoes
- [ ] Diapers, wipes & cream (if applicable)
- [ ] Bottles, formula or breast milk — labeled (if applicable)
- [ ] A comfort item (blanket, stuffed toy, family photo)
- [ ] Soother / pacifier, labeled (if used)
- [ ] Your child's meals & snacks — **nut-free**
- [ ] Refillable water bottle
- [ ] Sun hat & sunscreen (warmer months)
- [ ] Hat, mittens & snow gear (colder months)

PAPERWORK BEFORE DAY ONE

- [ ] Signed enrolment & consent forms
- [ ] Up-to-date immunization records
- [ ] Emergency contacts & authorized pickup list
- [ ] Allergy or medical action plans (if any)
- [ ] Affordability Grant / subsidy paperwork (if applicable)

Good to know

• Please label every item with your child's first and last name.
• We are a **nut-free** centre — no nuts or products containing nuts.
• Share your child's nap routine, allergies & comfort tips with their educator.
• Families are responsible for drop-off and pick-up.
• Questions? Your Centre Director is always happy to help.